

MABULA

GAME LODGE

THE SPA



LIVE WELL
LOVE MUCH
LAUGH OFTEN

AFRICAN BODY MASSAGE

CALABASH

African Calabash gives you a transcendent journey into relaxation through ancestral technique and balancing movement, restoring the flow of energy in the body.

Back & shoulder	30 mins	R 400.00
Full body	60 mins	R 580.00

RUNGU

African Rungu massage is a firm, long stroked massage that reduces aches and pains, and provides immediate relief.

Back & shoulder	30 mins	R 400.00
Full body	60 mins	R 580.00

BAMBOO

The Bamboo is heated to give an extreme sensation of relaxation and calm well-being.

Back & shoulder	30 mins	R 400.00
Full body	60 mins	R 580.00

DE-STRESS AND RELAXING MASSAGE

ESSENTIAL OILS

The use of essential oils promotes the healing process from within.

Back & shoulder	30 mins	R 400.00
Full body	60 mins	R 580.00

DEEP TISSUE

A deeper pressure relieves chronic muscular pain.

Back & shoulder	30 mins	R 450.00
Full body	60 mins	R 750.00

HOT STONE

Hot stone massage therapy promotes deeper muscle relaxation through the application of heated stones.

Back & shoulder	30 mins	R 430.00
Full body	60 mins	R 600.00

RELAXING FOOT & LEG MASSAGE

This treatment has the healing aspect of reflexology by stimulating the areas in the feet and legs pertaining to different areas in the body.

Foot & leg	30 mins	R 380.00
------------	---------	----------

MABULA COUPLE'S PACKAGES

BUSHVELD BLISS

Any relaxing full body massage with the relaxing foot and leg massage.	1 h 30mins	R 900.00 per person
--	------------	---------------------

EXPRESS PACKAGE

Express Mani / Pedi, back, neck, shoulder and facial (no paint).	2 h	R 750.00 per person
--	-----	---------------------

AFRICAN BODY SPOILS

FULL BODY POLISH AND GLOW

Full body	60 mins	R 450.00
-----------	---------	----------

FACIALS

ALL FACIALS INCLUDE A COMPLIMENTARY HAND OR FOOT MASSAGE.

THERAVINE™

Balancing facial	50 mins	R 380.00
Hydrating facial	70 mins	R 430.00
Deluxe anti-aging facial	90 mins	R 480.00

HAND & FOOT TREATMENTS

Manicure	60 mins	R 350.00
Pedicure	60 mins	R 400.00

WAXING AND SHAPING

Eyebrow shape and tint	15 mins	R 120.00	
Bikini clean	30 mins	R 230.00	
Underarm	15 mins	R 120.00	
Face, lip and chin wax	30 mins	R 150.00	
Leg Wax	Half	45 mins	R 180.00
	Full	60 mins	R 250.00

KIDDIES (12YEARS & YOUNGER)

Kiddies back & shoulder	20 mins	R 160.00
Kiddies full body	40 mins	R 300.00
Kiddies specialized Mani / Pedi with soak and mask with paint	45 mins	R 200.00
Mommy & me (express Mani / Pedi)	60 mins	R 520.00
Daddy & dude (back & shoulder massage)	30 mins	R 450.00

Prices are subject to change without prior notice.

In order to enjoy your time at Mabula Spa, please arrive 10 minutes prior to your appointment. A late arrival may cause your treatment time to be reduced.

Guests who want to change or cancel an appointment are kindly requested to provide 24 hours notice or the full cost of the appointment will be charged.

OPERATING HOURS

Monday – Sunday: 08h00 - 21h00

TEL: +27 (0)14 734 7000

EMAIL: SPA@LODGE.MABULA.CO.ZA

WWW.MABULA.COM



MABULA
GAME LODGE